

HIGHLANDS

Happenings

CONTACT INFORMATION

Main Office

Via Phone Mon - Fri 10 am - 3 pm

Phone: (920) 667-0378 Fax: (920) 722-2282
424 Cleveland St., Winneconne, WI 54986

COMMUNITY DIRECTOR

Ann Rahn
RiverCrossing@ardenpropertygroup.com

ASSISTANT COMMUNITY MANAGER

Mayra Tamayo

LEASING

Mon - Fri By Apt Only, Wed 9:30 am - 4:30 pm

Phone: (920) 667-0378

LEASING SPECIALIST

Debbie Griffith

MAINTENANCE

Mon - Fri 8 am - 5 pm

Phone: (920) 667-0378

Evenings & Weekends

EMERGENCIES ONLY (800) 263-6148

MAINTENANCE TEAM

Ryan Grohman & Ted Hammen

HOUSEKEEPING TEAM

Vickie Hoffmann

BUILDING CAPTAINS

Mary & Lee Hurley

UPCOMING SPOTLIGHT EVENTS



Happy Wanderers

TUESDAY, AUGUST 11TH

MEET IN THE GARAGE AT 1 PM

Join us as we venture to Delta Restaurant in Oshkosh to enjoy lunch together. Carpooling encouraged, drivers needed!

Self-pay event. RSVP by August 6th.



Celebration Dessert

WEDNESDAY, AUGUST 12TH, AT 2 PM

COMMUNITY ROOM

Let's welcome new residents and Celebrate August Birthdays by sharing some blueberry pie and lemon ice cream! **\$3 per person**

unless new or B-Day. RSVP by August 7th.



Take Me Out to the Ball Game!

FRIDAY, AUGUST 21ST, AT 3 PM

COMMUNITY ROOM

Join us to watch the Brew Crew take on the Atlanta Braves! Enjoy hot dogs, nachos, popcorn, peanuts and cold beer or soda.

This event is free. RSVP by August 17th.



Breakfast to Go

Tuesday, August 25th, AT 10 AM

Community Room

Let's enjoy Breakfast together from Jackie's Parkside! See sign-up binder for choices. Cost varies depending on selection.

RSVP by August 19th.



Tropical Island Party

THURSDAY, AUGUST 27TH, AT 4 PM

COMMUNITY ROOM

Escape to paradise right here at home! Wear your tropical attire and sway to the music as you enjoy island-inspired food & drink.

This event is free. RSVP by August 21st.



HIGHLANDS
AT RIVER CROSSING LLC
Apartments 55+



RESIDENT REMINDERS

Reduce, Reuse, Recycle

Recycling facts are fun when you go to:
www.nrc-recycle.org/recyclingcalculator.aspx

Learn more and have some fun! Drag and drop an item into the “loopy” machine, and it will reward you with some fascinating statistics about how recycling saves our world. It even includes a calculator so you can add up your own recycling numbers and discover your positive impact on the planet.

Maintenance Moment - AC

Keep cool without shooting your electricity bill sky high:

- Use fans to circulate air through your home. This keeps rooms cooler longer and reduces the time your A/C runs.
- Keep the blinds or curtains closed. This helps keep the cool air in and the warm air out.
- Set the thermostat at 78° F; raise it to 80° or 82° when you aren't home. Do not turn your air-conditioning off when you leave—your home will store up the heat, and you're likely to make the air conditioner run for hours just to feel comfortable.

Comforting Décor

A small switch in décor that can make a big difference is changing your bedding to go with the seasons. Look for a reversible comforter with a bright, whimsical side for summer and a jewel-toned side for cooler months. Similarly, drape a lightweight blanket over the foot of the bed in warmer weather, replacing it with a thicker one as the nights get chilly.

Preventing Falls

Each year, more than a third of seniors will fall. Falling can cause bone fractures and other health problems. To prevent falls, the U.S. Department of Health and Human Services recommends that older adults exercise to improve leg strength, get regular eye exams and keep floors and stairs free of clutter such as books, papers and shoes.

ONSITE & LOCAL SERVICES

Salon

2nd Floor Near #205 (920) 379-1609

Monday - Friday, Hours Vary. Walk-ins welcome.

STYLIST - Peggy Herbst - Check or cash ONLY.

Free Internet

We offer free hard-wired internet into every apartment. Simply connect your computer, laptop or router to the port. Having troubles? Call the Resident Services Office at 920-667-0378. We can determine if it's our line or your equipment. Enjoy!

Free Cable TV

We offer free basic cable in all apartments. For service issues, please call (844) 725-4323 and ask for the 'bulk call center.'

Spectrum Cable

CUSTOMER SERVICE (844) 725-4323

Alliant Energy

CUSTOMER SERVICE (800) 255-4268

GO Transit

CUSTOMER SERVICE (920) 232-5340

Village of Winneconne

ADMINISTRATION OFFICE (920) 582-4381

Winneconne Post Office

ADMINISTRATIVE STAFF (920) 582-9405

Winneconne Library

ADMINISTRATIVE STAFF (920) 582-7091

Winneconne Chamber Of Commerce

ADMINISTRATIVE STAFF (920) 239-6367



Welcome
Home



WHAT'S COOKING

Simple, Sweet Energy Bites

Beat the heat with these delicious and nutritious no-cook snacks.

Ingredients:

- 1/2 cup creamy peanut butter
- 1/3 cup honey
- 1 teaspoon vanilla extract
- 1 cup raw oats
- 1/2 cup sweetened shredded coconut
- 1/2 cup flaxseed meal
- 6 tablespoons mini chocolate chips

Directions:

In medium mixing bowl, stir peanut butter, honey and vanilla extract until combined.

Add oats, coconut, flaxseed meal and chocolate chips. Mix until combined.

Shape into 1-inch balls. Store in airtight container in refrigerator until ready to serve.

Find more recipes at Culinary.net.

Enjoy!



To Your Health: Back to Basics

Simply reducing the amount of processed and packaged foods you eat could greatly improve your health.

Generally speaking, the fewer ingredients a food has, the better it is for you. Focus on eating fresh fruits and vegetables, whole grains, nuts and seeds, and lean meats and fish. Avoid what comes in boxes and bags. You will cut down on sodium, preservatives and other artificial ingredients.

SAVOR THE SEASON

August in Wisconsin is a special kind of sweet—warm days, golden evenings, and a gentle reminder that summer's peak is here. It's the perfect time to slow down and savor the simple pleasures that make our state shine.

Farmers markets are overflowing with fresh favorites—sweet corn, juicy tomatoes, and ripe berries—making it easy to enjoy healthy, seasonal meals. Whether you're picking up produce downtown or visiting a local farm stand, there's nothing quite like food grown close to home.

It's also festival season. From county fairs to music in the park, August offers countless opportunities to connect with neighbors, enjoy live entertainment, and celebrate community traditions. Take a stroll through an art fair, enjoy a scoop of custard, or simply relax under the shade of a big oak tree while listening to local musicians.

For those who love the outdoors, now is the time to take advantage of Wisconsin's lakes, trails, and scenic byways. Early mornings are ideal for a peaceful walk or a bit of birdwatching, while evenings invite porch sitting

and sunset appreciation.

As the days gradually begin to shorten, August gently nudges us to make the most of summer's final stretch. Whether you're staying active, reconnecting with friends, or simply enjoying a quiet moment, this month offers something for everyone.

So take it all in—the warmth, the flavor, the feeling. Wisconsin summers may be short, but they are certainly memorable.



PAST ACTIVITIES & RECREATIONAL EVENTS



JUST FOR FUN

August by the Numbers

12. The number of lighthouses in the United States in 1776. Aug. 7 is National Lighthouse Day, when many of the approximately 700 lighthouses standing today are open for tours.

135. Chapters in "Moby-Dick," the epic novel by Herman Melville, who was born Aug. 1, 1819.

Successful Swim

In August of 1926, Gertrude Ederle became the first woman to swim the English Channel. The Olympic gold medalist completed the historic swim in 14 hours and 31 minutes, a record that stood until 1950.

CONGRATULATIONS

Who Won \$100?

Our lease renewal drawing winner is Connie H.!

